

Saints Joachim (Wah-keem) and Anne
Mary's Parents, and Jesus' Grandparents

Food—Monday

(Joachim) Shalom, I am Joachim. I was born in Nazareth of Galilee. (Anne) And I am Anne. I was born in Jerusalem. We lived near the temple in Jerusalem and Joachim supplied sheep for sacrifice in the temple. He was a shepherd. We were not blessed with children for many years after we were married and one day Joachim heard some people from town making fun of us for that. He went into the desert and pleaded to God to give us a child. (Joachim) While I was gone, Anne worried about where I had gone. She cried out to God and an angel came to her with a message. We were to have a daughter, Mary, and consecrate her to God. The Blessed Virgin Mary, our daughter, was to become the mother of the Son of Man, Jesus. (Anne) We loved to watch Jesus grow into a man and share his wisdom and strength with those around him. He taught us to trust in God and love without reserve. We teach how to be good Grandparents and love unconditionally.

Sugar Cookies—frosting, chocolate chips, small raisins. To make X's and O's.

Watermelon—The red and green represent St. Anne. She was often pictured as wearing a red dress and a green mantle—that is like an apron worn over her dress. The colors represent immortality—living forever—and divine love—the love of God.